

Our Team

Kristie Meyer

Kristie Meyer, Physical Therapist

- B.A., Rockhurst University, 2003
- M.P.T., Rockhurst University, 2005
- Certified Orthopedic Manual Therapist, IAOM, 2012

Kristie came to Elite with advanced knowledge and skills in spinal disorders and manual therapy—and she keeps learning about the best ways to care for each of her patients.

She gets her knowledge from her patients and fellow colleagues, adapting her methods to best meet patients' therapeutic needs. And Kristie stays current with the latest research. She is in constant pursuit of perfecting her approach to ensure successful outcomes for her patients.

Kristie specializes in:

- Manual Therapy
- Spinal Disorders
- Muscle Imbalances
- Postural Assessment
- Sports Injuries

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