

Our Team

Courtney West

Courtney West, Massage Therapist

- Massage Therapy Training Institute, 1998
- Sacred Body Clinical Mentorship program, 2010
- LMT- Licensed Massage Therapist

Courtney has had her eye on working with the Elite team for a long time. Part of the reason: the people she gets to work with. From door to therapy floor to massage table, the health and wellness team at Elite Physical Therapy are talented, dedicated and caring.

But the biggest reason she chose Elite is its philosophy. At Elite, she can collaborate with her patient's physical therapists and healthcare providers to provide customized massages and holistic care.

Because for Courtney and Elite, it's not just about providing treatment, it's about caring for people.

Courtney specializes in:

- deep tissue
- cupping
- Bowen therapy
- hot stone
- aromatherapy
- reflexology

....