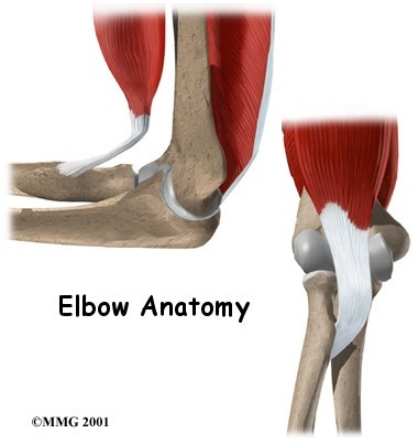
Introduction to Elbow

Physical Therapy in Kansas City and Leawood for Elbow

Welcome to the Elite Sports Medicine & Physical Therapy's resource about Physical Therapy for elbow issues.



The elbow is one of those areas that is easy to injure, whether your elbow is sore from sitting at a desk all day while you watch videos on You Tube or because you had an especially competitive game of tennis where your wife showed you who was boss, we are here to help.

You have found the area of our site that we have devoted to you and we want you to know that we take your elbow injury seriously, and want to make sure we help you correct it by giving you the most up to date and accurate resources available.

After all, we know it's important for you to be able to watch all that You Tube has to offer in comfort. However, we can't guarantee a pain free elbow is going to help you beat your wife at tennis. We're not miracle workers after all.

Click on a link below to learn more:

Elbow Anatomy

Elbow Issues

Surgery